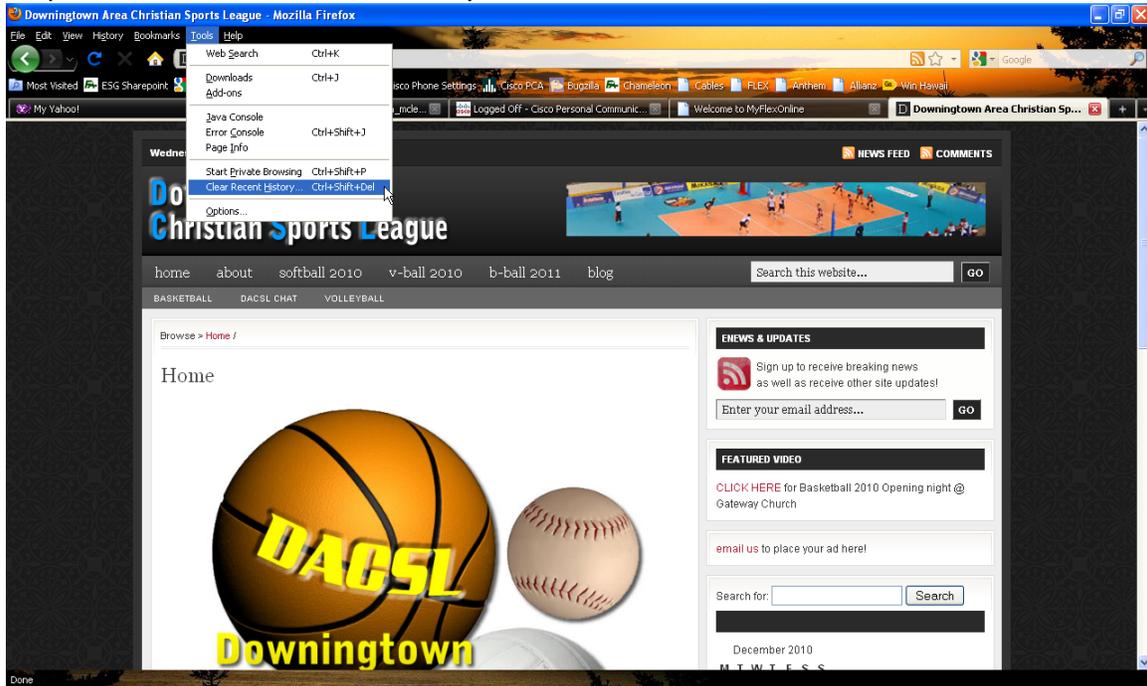


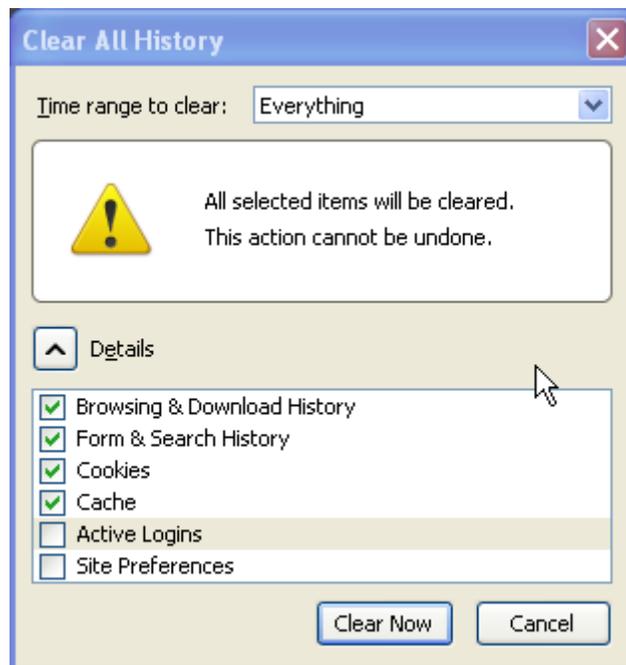
Computer Health Tip: Clearing your browser's temporary memory on a regular basis

Firefox

Step 1: Select "Clear Recent History" from the Tools menu



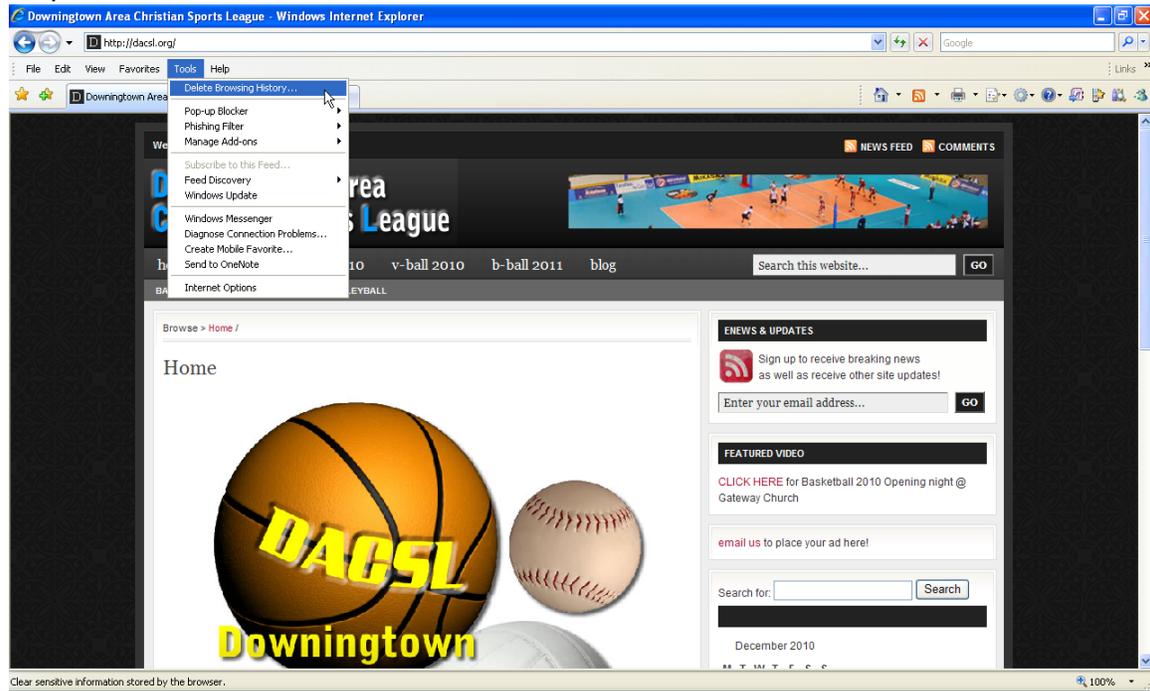
Step 2: Fold down the details button, and choose "Everything" from the dropdown menu. Also check all the options except "Active Logins" and "Site Preferences", then press the **Clear Now** button



Internet Explorer

Step 1: Select "Delete Browsing History" from the Tools menu

Step 1:



Step 2: On the following screen, press the delete button for every option except passwords

