Computer Health Tip: Clearing your browser's temporary memory on a regular basis

Firefox



Step 1: Select "Clear Recent History" from the Tools menu

Step 2: Fold down the details button, and choose "Everything" from the dropdown menu. Also check all the options except "Active Logins" and "Site Preferences", then press the **Clear Now** button



Internet Explorer

Step 1: Select "Delete Browsing History" from the Tools menu Step 1:



Step 2: On the following screen, press the delete button for every option except passwords

Delete Browsing History	
Temporary Internet Files Copies of webpages, images, and media that are saved for faster viewing.	Delete files
Cookies Files stored on your computer by websites to save preferences such as login information.	Delete cookies
History List of websites you have visited.	Delete history
Form data Saved information that you have typed into forms.	Delete forms
Passwords Passwords that are automatically filled in when you log on to a website you've previously visited.	Delete passwords
About deleting browsing history Delete all.	Close